

ANNUAL NSF REPORT

Basketball Federation of Bhutan	Name of the federations/Associations:
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Activity

Activities conducted (add rows if needed)	Dates dd/mm/yyyy		Location	Participants	
	From	To		Male	Female
5x5 women's national Team- Training-5X5 Men's National Team Training-	1/11/23 1/10/23	Till date Till date	Thimphu Thimphu	15	15
3x3 AIMAG Training	1/5/24	Till date	Thimphu	9	0
Winter Coaching Camp	23/12/23	13/1/24	Thimphu	108	52
B League	13/1/24	3/2/24	Thimphu	180	46
A League	30/5/24	July end	Thimphu	125	0
Intermediate coaches' development pathway- level 1	20/3/24	24/3/24	Thimphu	7	8
Fiba Congress, Philippines	23/7/24	24/8/24	Philippines	1	0

1. Governance

Description of the activities conducted

B League

B League was conducted with the broader goals of talent development and maintaining vibrant club culture, it is tailored for the players and teams to progress to a higher level of competition. B League is structured to align with the developmental approach. It is a platform for the players to demonstrate the potential to advance to the A League. The main objectivity is to provide a pathway for players to develop and progress from youth teams to the B league and eventually to the A League and national team.

A League

The annual basketball league, held with the support of various sponsors, has returned this year with the generous sponsorship of VEVs Global, Curtin College, and Curtin University. Twelve teams are set to compete fiercely for the coveted league championship. The primary goals of the league are to instill a strong club culture, encourage the development of young players, and identify promising talent for the national team. This event promises to be an exciting showcase of skill, dedication, and sportsmanship, reflecting the core values and aspirations of the basketball community.

Men and women national team training

With the aim of securing medal and better performance on the international stage, BFB carried this prolong training throughout the year. The training for men and women focuses on developing physical conditioning, technical skills, tactical awareness, and mental toughness. We believe consistent practice and teamwork are crucial for success on the court, allowing players to perform at their best during competition.

3x3 AIMAG Training

3x3 basketball, a fast-paced and physically demanding variant of basketball, requires a unique set of skills and strategies. Given the opportunity to represent our team in Thailand at the Asian Indoor and Martial Arts Games (AIMAG), this training program aims to develop athletes' abilities to excel at the international level. BFB had been training 9 athletes and at the end of June, 6 athletes will be selected and trained . 4 will go for game and 2 players reserved as standby for any future contingency.

Winter Coaching Camp

This camp was designed for players of all skill levels, from beginners to advanced athletes, looking to improve their basketball abilities during the winter school break. A comprehensive training program focused on skill development and understanding of the game allowed BFB to enhance and identify talent. It was a month of intensive training, teamwork, fun, and taking game to the next level.

The Intermediate Coaches Development Pathway, Level 1 course, was conducted by American Coach William Frazier McCammon. This comprehensive program was attended by BFB coaches, soldiers and SSIs, all eager to enhance their coaching skills and knowledge. Coach McCammon, known for his extensive experience and expertise in the field, delivered a curriculum designed to elevate the capabilities of the attendees. Through a mix of theoretical lessons and practical sessions, participants gained invaluable insights and hands-on experience. This initiative is part of a broader effort to strengthen the coaching framework, ensuring that coaches are well-equipped to foster talent and lead their teams to success.

In what ways did the activities organized assist your Federation in achieving long-term plans?

These activities conducted contribute in several key ways. The organized basketball activities have a impact that aligns with the Basketball Federation's long-term plans. They help in nurturing talent, building a strong club culture, developing coaches, increasing participation, securing strategic partnerships, engaging the community, and setting high standards for the sport.

The primary objective of our basketball program is to develop a national team capable of winning medals on the international stage. From grassroots initiatives to organizing tournaments, every aspect of the program is designed to support this long-term goal, either directly or indirectly.

Similarly, from the technical side, our coaches' clinics and training sessions have enabled coaches to earn Level 1, Level 2, FIBA Coach certifications, Fiba table officials and Fiba referees. This alignment with our vision to have a larger pool of referees and coaches.

Were there any changes to management strategies/ human resources during the reporting period?

The resignation of the Program Officer has left the Basketball Federation with a significant shortage in program manpower. However, a replacement has been selected recently and will join the federation from July. In the interim, the Finance Officer has stepped in to oversee the program and overall functioning of the office.

The president, GS and other officials of the federation continued providing invaluable guidance and multi-tasked to ensure the smooth functioning of the federation.

Have members of your NSF attended any IF AGM's, Congress, Seminars, etc. during the reporting period?

Yes, Mr. Sonam Tobgay, General Secretary attended the Fiba Congress in Philippines from 23rd to 24th August 2024.

2. Sports Infrastructure

Have you conducted coaching and training programs in the reporting period?

Yes, we have conducted national team training, 3x3 training, grass root coaching camp and coaches clinic.

List all new infrastructure acquired by the NSF during the reporting period. (Irrespective of funding source)

NA

Are the facilities compliant with international guidelines/ standards?

The sole indoor court BFB currently have was constructed in 1976 and does not meet the international standards.

SABA have been urging Bhutan to host international tournaments. However, the outdated nature of our facility presents a major obstacle. The court does not comply with contemporary international specifications, which significantly hampers our ability to host international tournament.

3. Athlete Development

What progress has been made in athlete development during the reporting period? Can you highlight any notable achievements or successes of athletes?

We feel that our athletes are performing well. We have begun the process of developing a formal athlete development pathway and are in the process of developing the necessary documentation. Our practical methods are evidently effective, as demonstrated by our recent victory at 5 nation's championship.

How many athletes does your federation have training daily? What are their age groups? Do you have an athlete development pathway? (Include if yes)
Currently, We are training 8 athletes for AIMAG and 15 women athletes for TRI Nations friendly match.
How are you tracking and measuring the performance of athletes in alignment with the goal of achieving sporting excellence?
<p>The process of developing a comprehensive athletes development pathway has been initiated after a meeting called by the GS in late 2023. However, a scientific approach to training athlete to perform better in competition was launch as early as 2019. The evident progress was our first international victory when we defeated Nepal at the SABA games in Dhaka.</p> <p>This was followed by an even bigger victory when we brought home the gold medals from the Five nations championship held in Maldives last year.</p>
How did the participation in national and international competitions align with the overarching goal of achieving sporting excellence?

Participation in national and international competitions plays a crucial role in achieving the overarching goal of sporting excellence in basketball.

Exposure to Higher Levels of Competition helping them to sharpen their skills, become more versatile and adapt to different playing style. Regular participation in competitive games allows athletes to continuously develop their technical and tactical skills.

It also helps athletes build confidence and mental toughness. The experience gained from high-pressure situations is invaluable for personal and team growth. Successes and setbacks in competitions motivate athletes to set higher goals and work harder to achieve them.

Participating in national and international tournaments allows athletes to network with peers, coaches, and scouts. Exposure to a broader audience can open opportunities for further development and professional careers. Success in national and international competitions brings recognition and can attract support from sponsors, fans, and governing bodies. Increased support can lead to better training facilities, resources, and overall development.

Aligning participation in these competitions with the goal of sporting excellence ensures that athletes and teams are continuously striving to improve, compete at their highest level, and bring glory to the sport and country.

List down ex-country games your athletes participated in during the reporting period? (irrespective of funding source) What was the outcome? How has this participation benefited the NSF?

After winning the 5 nations cup in June 2023, We didn't participate in any of the ex country games.

4. Human Resource Development

Can you provide details on any coaching workshops, seminars, or training programs conducted during the reporting period ?

Intermediate coaches development pathway level 1 was conducted by coach William Frazier Mccammon for the existing BFB coaches, soldiers and SSIs.

Mr. Nima Gyaltsen attended the workshop conducted by BOC at Punakha for federation's administrator.

Winter grass root coaching was conducted with 160 participants at the indoor basketball hall for a month.

How many coaches do you have and what are their qualification levels?

BFB currently have 6 coaches

Tshering Lhaden- Level 2 & Fiba certified coach, Fiba certified table official, national referee

Tshewang Zangmo -Level 1, Fiba certified coach, Fiba certified table official, national referee

Tshewang Dema- Level 2 & Fiba certified coach, Fiba certified table official, national referee

Kinley Dorji, Level 1, Fiba certified coach, Fiba certified table official, Fiba referee

Nima Gyaltsen- Fiba certified coach, Fiba certified table official, Fiba referee

Tshering Wangdi- Level 1, Fiba certified coach, national referee

Have any coaches completed relevant certifications or attended professional development courses?

Mrs. Tshering Lhaden had completed her certificate in International Coaching course at Hungary supported by Olympic Solidarity.

All coaches attended the level 1 certified coaches clinic conducted by coach William Frazier Mccammon.

Have mentorship programs been established to facilitate knowledge transfer and skill development among coaches?

How are experienced coaches mentoring newer members of the coaching staff?

A mentor ship program has existed at the federation for a long time. Senior coaches have always mentored and updated new signings.

Updates on technical rules and regulations are shared by FIBA. Coaches and referees learn through the information provided by FIBA. Additionally, coaches help each other to learn and stay updated with the new rules.

Have any NSF staff attended AGM's, Workshops, Seminars, etc. in other countries during the reporting period?

No.

5. Strategic Partnerships

Has the federation looked into establishing strategic partnerships that would facilitate the sharing of resources, knowledge or expertise nationally/ internationally?

The federation has established strategic partnerships with sponsors over the last three years. They have been instrumental in supporting the federation with conducting tournaments and camps.

The Bank of Bhutan, SD eastern Limited and most recently vevs global, Curtin University and Curtin College have as been invaluable partners with whose support the BFB was able to organize the A Leagues successfully. Partnership with Korean Basketball Association has immensely benefited the BFB in terms of man power and other logistical support. Coach Kim Kiyong deputed by the KBA has been very instrumental in our recent successes.

Have there been any challenges encountered in the establishment or maintenance of strategic partnerships?

Strategic partnerships could be strengthened if we could boast of sound basketball infrastructures that could allow us to invite and host international games.

Despite these challenges, the successful partnerships maintained by the BOC such as those with coach Kim from Korea and coach William from America, as well as the support from KBA, demonstrated the potential benefits of strategic collaborations in advancing basketball development.

6. Sports for all

Provide an overview of the Sports for All programs conducted during the reporting period. How do these programs contribute to the overall goal of promoting mass participation and inclusivity in sports?

The sports for all program was conducted aligned with the federation's goals of an inclusive sport. We wish to take basketball to all corners of the country. With a robust partnership development with the Bhutan Paralympic federation, we aim to include persons with disabilities to the sport as well. At the moment we are in the process of research on the way forward to achieve this.

What is the total number of participants in the various Sports for All programs? Provide a breakdown by age groups.

Winter camp	Senior men-	305	Senior women-	46
U-12 boys	24			
U-14 boys	35			
U18 boys	49			
U12 girls	22			
U14 girls	16			
U18 girls	14			

How is the quality of engagement assessed in the programs?

What specific indicators or feedback mechanisms are present to gauge participant satisfaction and enjoyment?

Physical spectators for the program are limited by the existing infrastructure in place. However, we have sizable online viewership with an average of 2K viewers per day during live feeds. The federation page has 146.7K engagements so far. The federation is trying to tap into the Fiba online outreach this potentially growing audience outreach to millions.

In what ways do the Sports for All programs contribute to skill development among participants? Are there pathways for individuals to transition from recreational to more competitive levels within the sports structure?

We soon hope to field a team to the Paralympics.

Financial report (Add rows as required)

Budget head	Amount
Budget received from BOC:	
B League	310500.00
Winter Coaching camp sustained from Registration fee	0
Coaches Clinic (met from Savings)	0
Hiring of coach William for women's team(supported by Olympic Solidarity)	97, 045.00
Budget received from IF, if relevant :	0
Budget received from other sources : (Please specify)	
A League sponsorship (AUD 10,000)	
Total	4,07,545.00

Additional Financial Support

Was the budget provided sufficient to meet the program/event expenses. If not, what initiatives had been taken to meet the additional cost?

The budget provided by BOC does not suffice to cover all the necessary expenses and requirements for the event.

Most of the programs such as tournaments/coaching camps and clinics has been covered through sponsorship and registration fees.

These sources have been instrumental in supporting our programs.

I, the undersigned, President/Secretary General of the above-mentioned NSFs/SAs, certify that the information provided above is true and accurate.



Soam Tobgay (General Secretary)

Name, function (President or Secretary General) and signature:

Date: 3/7/24

Stamp:

