

<b>Age Group</b>	<b>Monthly Fee</b>	<b>Core Training Focus</b>	<b>Weekly Hours</b>	<b>Total Hours</b>	<b>Tantetive Days</b>
Under 10	Nu.2850	Fundamentals & Motor Skills: Emphasis on dribbling, passing, form shooting, coordination, and athletic literacy.	3	12	Fri, Sat and Sun
Age 11 - 14	Nu. 3000	Technical Development & Concepts: Mastering advanced moves, positional work, offensive/defensive principles, and proper game reads.	4	16	Wed, Fri, Sat, and Sun
Age 15 - 16	Nu. 3000	Advanced Tactics & Conditioning: High-intensity drills, system offense/defense, strength & conditioning protocols , and competition simulation.	4	16	Mon, Wed, Fri, and Sat
Age 17 - 18	Nu. 3500	Elite Performance & College Prep (Coach Package): Customized training, film breakdown, recruiting guidance, and professional-level conditioning.	4	16	Tue, Thu, Sat and Sun